# OPTIMIZING THE QUALITY OF POSITRON EMISSION TOMOGRAPHY (PET) IMAGE USING FILTERING METHODS

# LYANA SYAHEERAH BINTI ABDUL SHUKOR



UNIVERSITI TEKNIKAL MALAYSIA MELAKA

# OPTIMIZING THE QUALITY OF POSITRON EMISSION TOMOGRAPHY (PET) IMAGE USING FILTERING METHODS

### LYANA SYAHEERAH BINTI ABDUL SHUKOR

This report is submitted in partial fulfillment of the requirements for the degree of Bachelor of Electronic Engineering with Honours

Faculty of Electronic and Computer Engineering
Universiti Teknikal Malaysia Melaka
UNIVERSITI TEKNIKAL MALAYSIA MELAKA



#### UNIVERSITI TEKNIKAL MALAYSIA MELAKA

FAKULTI KEJUTERAAN ELEKTRONIK DAN KEJURUTERAAN KOMPUTER

# BORANG PENGESAHAN STATUS LAPORAN PROJEK SARJANA MUDA II

Tajuk Projek : Optimsing the Quality of Positron Emission

Tomography (PET) Image Using Filtering Methods

Sesi Pengajian : 2021/2022

Saya LYANA SYAHEERAH BINTI ABDUL SHUKOR mengaku membenarkan laporan Projek Sarjana Muda ini disimpan di Perpustakaan dengan syarat-syarat kegunaan seperti berikut:

- 1. Laporan adalah hakmilik Universiti Teknikal Malaysia Melaka.
- 2. Perpustakaan dibenarkan membuat salinan untuk tujuan pengajian sahaja.
- 3. Perpustakaan dibenarkan membuat salinan laporan ini sebagai bahan pertukaran antara institusi pengajian tinggi.
- 4. Sila tandakan (✓):

**SULIT\*** 

(Mengandungi maklumat yang berdarjah keselamatan atau kepentingan Malaysia seperti yang termaktub di dalam AKTA RAHSIA RASMI 1972)

(Mengandungi maklumat terhad yang telah ditentukan oleh organisasi/badan di mana penyelidikan dijalankan.

✓

TIDAK TERHAD

Disahkan oleh:

(TANDATANGAN PENULIS

Alamat Tetap: No 11A, Jalan

Kipark, 7, Taman Kipark, 47120 Puchong, Selangor

Tarikh: 21 Jun 2022

- Arnigorofi - Falut Esperiorian (lettrock Din Feperterian tong - Harimus Tahnihal Idalomia Malaka (UTeki)

Nazmen Binti Waeleh

(COP DAN TANDANIYANGAN PENYELIA)

Tarikh : 21 Jun 2022

## **DECLARATION**

I declare that this report entitled "Optimizing the Quality of Positron Emission Tomography (PET) Image Using Filtering Methods" is the result of my own work

Signature : White

Author : LYANA SYAHEERAH BINTI ABDUL SHUKOR

Date : 21 JUNE 2022

## **APPROVAL**

I hereby declare that I have read this thesis and, in my opinion, this thesis is sufficient in terms of scope and quality for the award of Bachelor of Electronic Engineering with



Supervisor Name : NAZREEN BINTI WAELEH

Date : 21 JUNE 2022

# **DEDICATION**

I dedicate this Final Year Project thesis to my parents, families, supervisor, and friends, who always understand and support me to finish this project and make this



### **ABSTRACT**

Positron Emission Tomography (PET) is a medical imaging machine that assists in discovering the metabolic or biochemical activity of tissues and organs. A radioactive substance (tracer) is used in the PET scan to show normal and abnormal metabolic activity. However, the image produced by the PET machine seems to be low quality, making it challenging for doctors and physicians to diagnose a disease. This project aims to enhance the quality of the PET image by using the filtering image methods. Therefore, the MATLAB software for reconstructing the PET image is used in this project. The filtering method is used to enhance the quality of the PET images. The filtering methods used in this project are None filter, Hann filter, Hamming filter, Cosine filter, Ramp filter, and Sheep-logan filter. Based on the qualitative approach, there are 79 respondents that responds to the survey, and the majority of the respondent agree that the Hann filter is the best filter to enhance the PET image. While from a quantitative approach, based on the image quality metric, the Signal-to-Noise Ratio (SNR) shows that the Hann filter give the highest SNR value. Overall, the result from this research shows an improvement in the quality of the PET image by implementing filtering methods to remove the noise from the PET image.

#### **ABSTRAK**

'Positron Emission Tomography' (PET) adalah salah satu mesin pengimejan dalam bidang perubatan yang membantu menemukan aktiviti metabolik dan biokimia dalam organ manusia. Bahan radioaktif digunakan dalam pengunaan mesin PET untuk menunjukkan aktiviti normal dan tidak normal dalam organ manusia. Namun begitu, imej yang dihasilkan daripada mesin PET ini mempunyai kualiti yang rendah, menyebabkan para doktor mengalami kesukaran untuk mendiagnos sesuatu penyakit. Tujuan projek ini untuk menambahbaik kualiti imej PET dengan menggunakan kaedah imej penapisan. Oleh itu, perisian MATLAB digunakan di dalam projek ini. Kaedah penapisan imej yang digunakan dalam projek ini ialah 'None filter', 'Hann filter', 'Hamming filter', 'Cosine filter', 'Ramp filter', dan 'Shepp-Logan filter'. Berdasarkan daripada pendekatan kualitatif, seramai 79 orang responden yang menjawab tinjauan ini bersetuju bahawa 'Hann filter' adalah imej penapisan yang terbaik untuk meningkatkan kualiti imej PET. Manakala pendekatan kuantitatif menunjuk, nilai kualiti imej metrik, 'Signal-to-Noise Ratio' (SNR) yang tertinggi terhasil daripada penapisan imej 'Hann filter. Secara keseluruhan, hasil daripada kajian ini menunjukkan peningkatan kualiti imej PET dengan cara penapisan imej untuk menghilangkan bunyi daripada imej PET.

### **ACKNOWLEDGMENTS**

#### Bismillahirrahmanirrahim,

Alhamdulillah, Salawat and Salam to our Prophet Muhammad S.A.W, his family member, companions and followers. First and foremost, I want to express my gratitude to Allah for His willingness and blessing during my Final Year Project, which enabled me to complete the study and write this thesis.

Firstly, I would like to express my deepest thanks to Madam Nazreen Binti Waeleh, lecturer at the Faculty of Electronic Engineering and Computer Engineering, as my supervisor throughout this project. I want to thank all her guidance and knowledge given to me for finishing this FYP. I also would like to thank all my panels for their time in providing valuable advice, suggestions, and supportive comments for my project.

Next, my deepest gratitude to my parent, who always prays, loves and supports me throughout my life. I am also very thankful for their understanding of all the decisions I make during this whole period and throughout my study year. I also would like to thank my sister and brother, who always prayed and supported me. I am also very thankful for all the motivation they gave me, and I hope I can repay it in the future.

I would like to thank my two dearest best friends, Allya and Nadiah, who are always there for me throughout my ups and downs and always support me in whatever thing I want to do. I am grateful to them for being there when I am feeling down and out about finishing my FYP. I also want to thank all my friends in UTeM; Mai, Izzah, Ca, and Nisa throughout my degree life and be supportive of each other.

Finally, my gratitude goes out to everyone who has helped me from the beginning to the end of my FYP, both personally and indirectly.



# TABLE OF CONTENTS

	. 1		4 .	
		lara	) ti	nn
$\boldsymbol{\nu}$		aı	au	VII

# Approval

## **Dedication**

Abst	ract WALAYSIA	i
Abst	rak	ii
Ackı	nowledgments	iii
Tabl	e of Contents	v
List	of Figures	ix
	UNIVERSITI TEKNIKAL MALAYSIA MELAKA	
List	of Tables	xii
List	of Symbols and Abbreviations	xiii
List	of Appendices	XV
CHA	APTER 1 INTRODUCTION	1
1.1	Introduction	1
1.2	Project Background	2
1.3	Problem Statement	4
1.4	Project Objective	4

		vi
1.5	Scope of the Project	5
1.6	Environment and Sustainability	6
1.7	Report Structure	7
СНА	APTER 2 BACKGROUND STUDY	8
2.1	Introduction	8
2.2	Medical Imaging	9
	2.2.1 Positron Emission Tomography	13
	2.2.2 NEMA IEC Body Phantom	15
2.3	Positron Emission Tomography Image	17
	2.3.1 PET Quality Image	18
2.4	Filtering Method	20
	2.4.1 Hamming Filter — i — i i i i i i i i i i i i i i i i	21
	2.4.2 Cosine Filter EKNIKAL MALAYSIA MELAKA	21
	2.4.3 Ramp Filter	21
	2.4.4 Shepp-Logan Filter	22
2.5	Image Quality Metric	23
	2.5.1 Signal-To-Noise (SNR)	23
CHAPTER 3 METHODOLOGY		24
3.1	Introduction	24
3.2	Project Development	25

		vii
	3.2.1 Research Flow	25
	3.2.2 Project Flow	27
3.3	Simulation Program Algorithm	29
	3.3.1 Filtering Algorithm	29
	3.3.2 Image Quality Metric Algorithm	32
CHA	APTER 4 RESULTS AND DISCUSSION	34
4.1	Introduction	34
4.2	Qualitative Results	35
	4.2.1 Demographic Information	35
	4.2.2 General Question about PET	39
	4.2.3 Positron Emission Tomography Image Quality Question	44
4.3	Quantitative Results	47
	4.3.1 Underweight Category AL MALAYSIA MELAKA	47
	4.3.2 Normal Weight Category	51
	4.3.3 Overweight Category	54
	4.3.4 Obese Weight Category	57
4.4	Discussion	60
CHA	APTER 5 CONCLUSION AND FUTURE WORKS	64
5.1	Introduction	64
5.2	Project Conclusion	65

		viii
5.3	Future Works and Recommendations	67
REF	TERENCES	68
APP	PENDICES	72



# LIST OF FIGURES

Figure 1 X-Ray Machine	10
Figure 2 CT Machine	10
Figure 3 MRI Machine	11
Figure 4 Siemens Biograph True Point PET/CT Scanner	12
Figure 5 NEMA IEC Body Phantom Set	15
Figure 6 Phantom Image	16
Figure 7 Example of the PET image on human organ	17
Figure 8 The non-filtered and filtered PET image	19
Figure 9 Research Flowchart	26
Figure 10 Project Flowchart	28
Figure 11 The sinogram image of PET is load	29
Figure 12 Load the existing filter	30
Figure 13 The filtered reconstructed image is shown	30
Figure 14 Example of the filtered PET image	31
Figure 15 Mean background for each point	32
Figure 16 Gender information	35
Figure 17 Age Information	35
Figure 18 Highest Academic Qualification	36

Figure 19 Employment status information	36
Figure 20 Medical or biomedial engineering background	37
Figure 21 Does respondent know about PET machine?	39
Figure 22 Does the respondent know the function or usage of the PET machine hospital?	in the
Figure 23 Does the respondent ever heard or read about how PET machin hospitals operate?	nes in 40
Figure 24 Does the respondents or family have a history of cancer?	40
Figure 25 Does the respondents or familyhave the experienced undergo the PET procedure in the hospital?	Γ scan 40
Figure 26 Does the respondents know the proper procedure for a patient to under PET scan?	ergo a 41
Figure 27 Does the respondents know that the PET machine is an advanced technin nuclear medicine?	ology 41
Figure 28 Does the respondents know that images that are produced from machines have lower quality?  Figure 29 Does the respondents know that the PET image will undergo image	42
processing to improve the quality of the image?	42
Figure 30 Common factor that can affect the PET image quality	44
Figure 31 Ideal weight category	44
Figure 32 Underweight category	45
Figure 33 Overweight category	45
Figure 34 Obese weight category	45
Figure 35 SNR value for the early stage (underweight)	47
Figure 36 SNR value for middle stage (underweight)	48
Figure 37 SNR value for last stage (underweight)	48
Figure 38 SNR value for early-stage (normal weight)	51

	xi
Figure 39 SNR value for middle stage (normal weight)	51
Figure 40 SNR value for last stage (normal weight)	52
Figure 41 SNR value for early stage (overweight)	54
Figure 42 SNR value for middle stage (overweight)	54
Figure 43 SNR value for last stage (overweight)	55
Figure 44 SNR value for early stage (obese weight)	57
Figure 45 SNR value for middle stage (obese weight)	57
Figure 46 SNR value for last stage (obese weight)	58



# LIST OF TABLES

Table 1 Demographic Information	38
Table 2 General question about Positron Emission Tomography (PET)	43
Table 3 PET image quality question	46
Table 4 Filtered PET image for the underweight category	50
Table 5 Filtered PET image for normal weight category	53
Table 6 Filtered PET image for overweight category	56
Table 7 Filtered PET image for obese weight	59
اونيوسيتي تيكنيكل مليسيا ملاك	
UNIVERSITI TEKNIKAL MALAYSIA MELAKA	

### LIST OF SYMBOLS AND ABBREVIATIONS

PET : Positron Emission Tomography

SNR : Signal-to-Noise Ratio

RC : Recovery Coefficient

CNR : Contrast-to-Noise Ratio

WHO : World Health Organization

MRI : Magnetic Resonance Imaging

CT : Computerized Tomography

SPECT Single Photon Computed Tomography

FYP : Final Year Project

MLEM : Maximum-Likelihood Expectation-Maximization

TEKNIKAL MALAYSIA MELAKA

EM : Expectation-Maximization

TOF : Time-Of-Flight

PSF : Point Spread Function

FBP : Filtered Back Projection

SPM : Sijil Pelajaran Malaysia

FWHM : Full Width Half Maximum

SD : Standard Deviation

VOI : Value of Interest

SEM : Scanning Electron Microscope

PNG : Portable Network Graphics

FFT : Fast Fourier Transform



73

# LIST OF APPENDICES

Appendix A: Survey Question on the Image Quality of the Positron Emission Tomography (PET)



### **CHAPTER 1**

## **INTRODUCTION**



#### 1.1

The Positron Emission Tomography (PET) machine is a medical imaging machine that assists in discovering the metabolic or biochemical activities of tissues and organs. A radioactive substance or tracer is used in the PET scan to show the human body's normal and abnormal metabolic activities. In this project, a number of filtering method is tested to enhance the PET image. Hence, this chapter will clarify the project background, problem statement for this project, the project objectives, scope of the project, and the significance of this project to society.

#### 1.2 Project Background

PET is an efficient and advanced technique widely used in clinical applications, including tumor detection and neurologic disorders [1]. The PET machine will eventually produce an image that doctors use to diagnose the patients. PET imaging is the distribution of radioisotope-identified chemical compounds injected into the human body that can display biological and physiological processes, which can help doctors discover diseases early. It has become one of the essential components of modern nuclear medical diagnostics [2]. Hence, nuclear medicines are important nowadays, especially in medical imaging.

PET imaging is used to diagnose, assess, and treat various disorders such as cancer, heart disease, gastrointestinal, endocrine, or neurological diseases. PET imaging scans, on the other hand, highlight molecular activity. They will be able to detect disease in its early stages due to this advance technology. They can also demonstrate how well the treatment is done on the patient. However, PET imaging produces a low-quality image that needs to be enhanced to improve the quality PET image to help doctors diagnose disease.

The quality of the PET image is crucial to help doctors diagnose the patient. Unfortunately, current PET technology does not give the image quality required for such exact analytic and quantitative data. Due to the inexactness of the models employed in image reconstruction, PET images have very high levels of radial noise in the form of streaks [3]. On the other hand, conventional PET image iterative reconstruction algorithms cannot filter noise adequately [4]. Hence, this project will focus on the filtering method to enhance the PET image.

Post-reconstruction filtering is now one of the most widely used noise reduction strategies in clinical practice. However, the range of available filters is enormous. Selecting the best filter for a given measurement is not easy [5]. Thus, many filtering methods include the Hann filter, Gaussian filter, Hamming filter, Cosine filter, and Ramp filter are used. Eventually, by using the filtering method, the quality of the PET image will be improved. The post-filtering PET image can be analyzed and determined using the image quality matric.

The image quality metric is a parameter used to know the improvement of the quality of the PET image. The Recovery Coefficient (RC) and the Contrast-to-Noise Ratio (CNR) are two metrics used to assess the quality of images produced by different filtering methods [5]. The number of coincident events collected during PET imaging is restricted, and mistakes occur due to attenuation, normalization, scattering, and random effects. As a result, a PET measurement's signal-to-noise ratio (SNR) is usually low [6]. Hence, the higher the value of SNR, the better the quality of the PET image.

UNIVERSITI TEKNIKAL MALAYSIA MELAKA