

### UNIVERSITI TEKNIKAL MALAYSIA MELAKA

# SMART ASSISTIVE SHOE FOR DEMENTIA PATIENT BASED ON WEARABLE SENSOR

This report is submitted in accordance with the requirement of the Universiti Teknikal Malaysia Melaka (UTeM) for the Bachelor of Electrical Engineering Technology (Industrial Automation & Robotics) with Honours

by

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#### UNIVERSITI TEKNIKAL MALAYSIA MELAKA

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I hereby, declared this report entitled "Smart Assistive Shoe for Dementia Patient based on Wearable Sensor" is the results of my own research except as cited in references

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## **APPROVAL**

This report is submitted to the Faculty of Engineering Technology of UTeM as a partial fulfilment of the requirements for the degree of Bachelor of Electrical Engineering Technology (Industrial Automation & Robotics) with Honours. The member of the supervisory is as follow:

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#### **ABSTRACT**

This study focus on dementia symptoms which was getting serious continuously, even the subsyndrome presentations affecting the health of older adults and meriting intervention [1]. The Smart Assistive Shoe is a device which base on wearable sensor can monitor the dementia patient who have a problem to recognize what location they are and help the patient to contact their family with information such as longitude and latitude of the location through SMS. On this idea we are using fall detection by a suitable sensor that detect the balancing of the patient and predict their motion. Therefore, the design of the Smart Assistive Shoe focuses on helping dementia patient contact to their family in anytime since they are in trouble. The results of fall detection signal for different direction, the origin position for x, y, and z angle rotation is around 135°-145°, 1.4°-2.0° and 0.0°-1.5° respectively. The angle rotation for the component mpu6050 is very sensitive so the origin position for this device does not achieve ideal angle rotation for each axis. Different direction of fall would show different orientation in each axis. Otherwise, we use different provider to observe and record result of GPS signal receive rate which is Maxis Red, U Mobile, Digi, Celcom and Unifi.

#### ABSTRAK

Fokus kajian ini adalah gejala demensia yang semakin serius secara berterusan, walaupun persembahan subsyndrome menjejaskan kesihatan orang dewasa yang lebih tua [1]. Kasut Smart Assistive adalah alat yang berdasarkan sensor yang boleh memantau pesakit demensia yang mempunyai masalah untuk mengenali apa lokasi mereka dan membantu pesakit untuk menghubungi keluarga mereka dengan maklumat seperti latitud dan longitud melalui SMS sistem. Idea ini menggunakan pengesanan jatuh untuk mengesan keseimbangan pesakit dan meramalkan gerakan mereka. Oleh itu, reka bentuk Kasut Smart Assistive memberi perhatian untuk membantu hubungan antara pesakit dan keluarga mereka pada masa kerana mereka menghadapi kesusahan. Keputusan pengesanan kejatuhan semboyan dalam arah yang berbeza, kedudukan asal x, y, z dan sudut masingmasing adalah antara 135 ° -145 °, 1.4 ° -2.0 ° dan 0.0 ° -1.5 °. Sudut pusingan komponen mpu6050 adalah sangat sensitif menyebabkan kedudukan asal peranti ini tidak mencapai sudut pusingan untuk setiap kedudukan. Arah yang berbeza dalam kejatuhan akan menunjukkan orientasi berbeza dalam setiap paksi. Selain itu, kita menggunakan pembekal yang berbeza untuk melihat dan hasil rekod keputusan kadar penerima GPS seperti Maxis Merah, U Mobile, Digi, Celcom dan Unifi.

## DEDICATION

To my beloved parents who supported and motivated me that the best kind of knowledge to learn for its own sake. It is also dedicated to my supervisor who gave me suggestion and helped me that even the largest task can be accomplished if it is done one step at a time.

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# TABLE OF CONTENTS

PAG		
	TRACT	i
	TRAK	ii
	ICATION	iii
ACK	NOWLEDGEMENT	iv
TAB	LE OF CONTENTS	v
LIST	OF TABLES	viii
LIST	OF FIGURES	ix
СНА	PTER 1	1
1.1	Problem Statement	2
1.2	Objectives	3
1.3	Scopes of Project	3
1.4	Outlines of Project	4
СНА	APTER 2	5
2.1	Dementia	5
2.1.1	Alzhemier	6
2.2	Wireless Data Communication	6
2.2.1	GPS and GSM	7
2.2.2	IR receiver	9
2.2.3	Bluetooth Module	10
2.3	Wearable devices	10
2.3.1	Accelerometer connected to the frame	11
	2.3.1.1 Comparison external accelerometers used in acceleration based detection	d fall 13
2.3.2		14
	2.3.2.1 Comparison of smartphone based fall detectors in acceleration	
	fall detection	15
2.4	Microcontroller	16
2.4.1	Arduino	16
2.4.2	Peripheral Interface Controller (PIC)	18
2.4.3	Raspberry Pi	19

2.5	Power Source	19
2.5.1	Lithium Polymer batteries	20
2.5.2	Lead Acid Battery	21
2.5.3	Flooded Type Battery	21
2.5.4	Li-ion Battery	22
2.6	Software	23
2.6.1	Matlab	23
2.6.2	Arduino IDE Software	24
2.7	Fall Detection Algorithm	25
2.8	Orientation Estimation Algorithms	26
2.9	Comparison method use in fall detection	28
2.10	Conclusion	30
СНА	PTER 3	31
3.1	Flowchart of Progress	31
3.2	Study on Fall Detection and Tracking System by using GSM and GPS	32
3.3	Software Development	33
3.3.1	Arduino IDE	33
3.3.2	PLX-DAQ Protocol	33
3.4	Electrical Development	34
3.4.1	Arduino Nano	34
3.4.2	GSM+GPRS+GPS Module	37
3.4.3	Accelerometer	38
3.5	Block Diagram	39
3.6	System Flow Chart	39
3.7	Conclusion	42
СНА	PTER 4	43
4.1	Implementation Design of Smart Assistive Shoe	43
4.2	Orientation Detection	47
4.2.1	Using Arduino IDE Serial Monitor	47
4.2.2	Using PLX-DAQ Protocol	47
4.3	Result and Discussion of Fall Detection	48
4.4	Result and Discussion of GPS Signal	52
4.5	Conclusion	54

CHAPTER 5		55
5.1	Conclusion	55
5.2	Recommendation for Future Developments	56
Ref	erences	57
App	pendices	63
Gai	ntt Chart	63
Coc	ling for Fall Detection by using Arduino (Preliminary Result)	64
Cod	ling for SMS system of Ai A7 Thinker GSM GPS GPRS Module	69
Coding for Smart Assitive Shoe with Fall Detection and GPS tracker		74

# LIST OF TABLES

Table 2.1: Performance of external accelerometer base on fall detection	13
Table 2.2: Performance of smartphone based fall detectors	15
Table 2.3: Comparison specification between Uno and Nano	17
Table 2.4: Method used in fall detection	28
Table 4.1: Fall Detection Signal (Forward)	48
Table 4.2: Fall Detection Signal (Backward)	49
Table 4.3: Fall Detection Signal (Right)	50
Table 4.4: Fall Detection Signal (Left)	51
Table 4.5: gps data receive rate (indoor)	52
Table 4.6: gps data receive rate (outdoor)	53

# LIST OF FIGURES

FIGURE	TITLE	PAGE
Figure 1.1: Sam	nple of System Architecture	2
Figure 1.2: Sam	aple of Fall alarm SMS which contains fall location URL	2
Figure 2.1: Sam	nple of GPS and GSM tracking system	8
Figure 2.2: Sam	nple of GPS+GPRS+GSM module (A7 thinker)	8
Figure 2.3: TSC	OP 1738 IR receiver	9
Figure 2.4: Blue	etooth Module	10
Figure 2.5: Sain	nSmart ADXL335 3-Axis Accelerometer Breakout Module	e 12
Figure 2.6: GY-	-521 MPU-6050 Accelerometer Gyroscope Module	12
Figure 2.7: Sam	nple of Smartphone built-in fall detection	14
Figure 2.8: Ard	uino UNO	17
Figure 2.9: Ard	uino Nano	17
Figure 2.10: PIG	C16F877A microcontroller	18
Figure 2.11: Ra	spberry Pi module	19
Figure 2.12: Sar	mple of LiPo battery	20
Figure 2.13: Pro	ofoto Lead Acid Battery	21
Figure 2.14: BI	SON DC125 Deeo Cycle Flooded Battery	22
Figure 2.15: Sar	mple of Lithium ion battery	22
Figure 2.16: Sar	mple of MATLAB interface	24

Figure 2.17: Arduino IDE Software Interface	25
Figure 2.18: Sample of threshold based fall detection algorithm	26
Figure 2.19: Sample of body orientation axis	27
Figure 3.1: Flowchart of the project	31
Figure 3.2: Interface of PLX-DAQ	34
Figure 3.3: Pinout Diagram of Arduino Nano	35
Figure 3.4: ATMEGA 328P	36
Figure 3.5: Schematic diagram (Arduino Nano)	36
Figure 3.6: Sample of GSM/GPRS/GPS module	37
Figure 3.7: Interface function	37
Figure 3.8: MPU 6050 Accelerometer	38
Figure 3.9: Connection between Arduino Nano and MPU6050	38
Figure 3.10: Block Diagram of Components Connection	39
Figure 3.11: Flowchart of the system	41
Figure 4.1: Implementation Design of Smart Assistive Shoe	44
Figure 4.2: Mpu6050 sensor with sole	44
Figure 4.3: Design of shoe (Front view)	45
Figure 4.4: Design of shoe (side view)	45
Figure 4.5: Design of shoe (Back View)	46
Figure 4.6: Data of the MPU 6050 Accelerometer	47
Figure 4.7: Sample of Data collection in PLX-DAQ Protocol	48

Figure 4.8: Graph of Fall Detection Signal (Forward)	49
Figure 4.9: Graph of Fall Detection Signal (Backward)	50
Figure 4.10: Graph of Fall Detection Signal (Right)	51
Figure 4.11: Graph of Fall Detection Signal (Left)	52
Figure 4.12: Graph of GPS data receive rate (indoor)	53
Figure 4.13: Graph of GPS data receive rate (outdoor)	53

#### **CHAPTER 1**

#### INTRODUCTION

#### 1.0 Introduction

Dementia symptoms was getting serious continuously, even the subsyndrome presentations affecting the health of older adults and meriting intervention [1]. The Smart Assistive Shoe is a device which base on wearable sensor. This device can monitor the dementia patient who have a problem to recognize what location they are and some problem they face example like falling. The device can help the patient to contact their family and give them some information to the location of the patient. The information is longitude and latitude of the location through SMS. The information will be send since the sensors are triggering simultaneously. On this idea we are using fall detection by a suitable sensor that detect the balancing of the patient and predict it. Furthermore, we are also using GPS/GSM module in tracking system and SMS system. Therefore, the design of the Smart Assistive Shoe focuses on helping dementia patient contact to their family in anytime since they are in trouble.

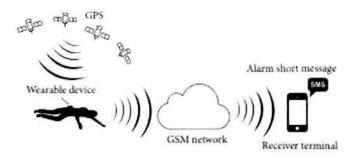


FIGURE 1.1: SAMPLE OF SYSTEM ARCHITECTURE



FIGURE 1.2: SAMPLE OF FALL ALARM SMS WHICH CONTAINS FALL LOCATION URL

#### 1.1 Problem Statement

Dementia in the elderly disturbed memory function is a widespread subjective and/or objective symptom in a variety of medical conditions and some factors of the dementia will cause accident. Dementia symptoms was getting serious continuously, even the subsyndrome presentations affecting the health of older adults and meriting intervention

[1]. In this generation their children or their family were busy in their own work and business which caused lack of time to take care of family member who was dementia patient. Preventing an accident this kind of device such as fall detection which will help lot in their life. To monitor the dementia patient using GPS/GSM system which can contact their family with accurate information and rapidly when fall detection has been triggered.

#### 1.2 Objectives

There are objectives which will be achieved in this project

- i. To design the tracking system and fall detection for dementia patient.
- To develop an alert device through GSM&GPS with SMS system and fall detection base on suitable wearable sensor.
- iii. To test and analyse the performance of the system.

#### 1.3 Scopes of Project

To ensure the objectives are achieved, some of important elements and limitation must be considered. They are:

- i. To focus on dementia patient.
- ii. Free size of shoe and suitable wearable sensor.
- iii. Using Arduino microcontroller for program implementation.
- iv. GSM/GPS module for tracking system.
- v. Suitable sensor such as accelerometer and gyro sensor for fall detection.

- vi. Sensor function as detect the orientation of foot for fall detection.
- vii. Analyzing of study will be done by using Arduino IDE.

#### 1.4 Outlines of Project

The research was consisting 5 chapters. For first chapter is the study starts on introduction of the study accompanied with the problem statement, objective and scope of project.

In chapter 2 discusses about dementia on the literature review, GPS/GSM and methods for fall detection. At the end of chapter will descript the review from the table comparison from the previous journals or researches.

In chapter 3 explains the methodology that will be used for integration of data from the software and hardware development.

In chapter 4 will be present the preliminary results of the research as an evidence in theoretical and formulas. Some observations in result from the project.

In chapter 5 will summarizes the outcomes of the study in conclusion part. This project will be achieved its objectives. This chapter has outline some recommendations for the next or future development on the method used.

#### CHAPTER 2

#### LITERATURE REVIEW

#### 2.0 Introduction

Chapter 2 has literature review based on previous researches as well as theoretical readings based on dementia, GPS/GSM and fall detection analysis. The literature review done based on the previous researches will help improving the methodology of this project and the result will be recorded successfully.

#### 2.1 Dementia

Dementia is an ailment which depicts a widespread breed of manifestations related with a degeneration in memory and other inference extremely in thinking. Dementia symptoms was getting serious continuously, even the subsyndrome presentations affecting the health of older adults and meriting intervention [1].

These are the symptoms and signs of dementia:

- i. Struggling to remember recent events or dates
- ii. Hard to follow conservations or TV shows
- iii. Forgetting the names of friends or everyday objects
- iv. Repeating words, and forgetting what you were saying

- v. Difficulties thinking and responding
- vi. Feel anxious, angry and notice behavioral changes
- vii. Feel a decline in ability to talk, read and write
- viii. Feel confuseed, even when in a familiar environment

#### 2.1.1 Alzhemier

Alzhemier defined as one of the problems we need to concentrate since the disease will getting serious then the patient will loss the memory or impression as the symptom of Alzheimer's disease. Alzheimer's disease was classified from other forms of dementia by its dangerous and progress of growing, although elevation in level of Alzheimer's disease that will occur [1].

#### 2.2 Wireless Data Communication

Wireless Data Communication is a communication medium which performed and delivered in wireless. It was analog or digital signals carrier on LANs or WANs in single-or multiple-way networks. A knowledge which combination with all steps and forms connection between two or multiple devices by using wireless signal through this wireless communication technologies.

#### 2.2.1 GPS and GSM

GPS remains for Worldwide situating framework has wide number of use today prevalently in the field of route and so forth. A GPS recieving wire will get the longitude and scope esteem from satellite about the present area of module alongside the UST time and different parameters [2]. A GSM module is a functioning as modem for transmitting information to the server [2]. Option of A7 GPRS+GSM+GPS Shield which is a Quad Band Module works on various frequency i.e. 850MHz, 900MHz, 1800MHz and 1900MHz. Likewise, it bolsters voice calls, SMS messages, GPRS information administration and GPS work. We can utilize it make a straightforward telephone. The module is controlled by AT command by means of UART and backings 3.3V and 4.2V coherent level. Figure 2.1 shows that the simple GPS and GSM tracking system. Once the signal interrupt the GPS then GPS data will send to the GSM module then GSM module will form a message to a specific contact number which set by the microcontroller. After that, the data of GPS can be use in PC/GPRS tracking system. Figure 2.2 shows the sample of GPS+GPRS+GSM module (A7 thinker).

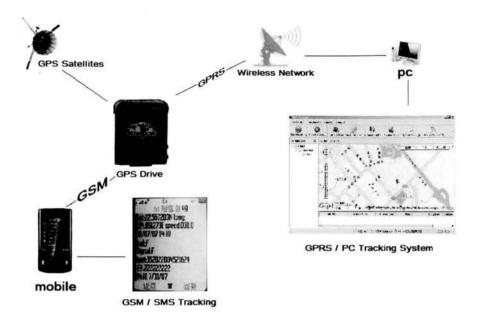


FIGURE 2.1: SAMPLE OF GPS AND GSM TRACKING SYSTEM



FIGURE 2.2: SAMPLE OF GPS+GPRS+GSM MODULE (A7 THINKER)

#### 2.2.2 IR receiver

IR receiver is one of the wireless data communication device which using infrared. For example, as TSOP 1738 in figure 2.3 which is an infrared receiver with active low output. Output signal which is demodulated by TSOP can directly be decoded by a microcontroller. It consumes low power and has high immunity against ambient light. When transmits infrared signals which managed by TSOP and then decoded by microcontroller. Microcontroller sent signals to relay module according to which devices switch ON/OFF once a button pressed. Infrared radiation most used as a part of mechanical, exploratory, and some therapeutic applications. The 4 detection methods in IR sensors:

- i. Thermopile which converts thermal energy into electrical energy.
- Pyroelectric which apply sinusoidal variations of sample temperature at frequencies in the range 0.01-1 Hz.
- iii. Bolometric which is the rectification to the absolute magnitude of an object in order to convert its clear magnitude to its bolometric magnitude.
- iv. Diode methods which used to estimate the actual behavior of real diodes for calculations and circuit analysis.

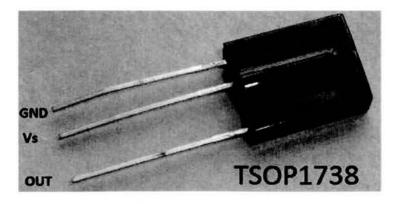


FIGURE 2.3: TSOP 1738 IR RECEIVER