

# UNIVERSITI TEKNIKAL MALAYSIA MELAKA

# THE STUDY OF SEATING PRESSURE ON NATIONAL CAR (PROTON AND PERODUA)

This report submitted in accordance with requirement of the Universiti Teknikal Malaysia Melaka (UTeM) for the Bachelor Degree of Engineering Technology Manufacturing (Product Design) (Hons.)

by

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FACULTY OF ENGINEERING TECHNOLOGY 2016

C Universiti Teknikal Malaysia Melaka



# UNIVERSITI TEKNIKAL MALAYSIA MELAKA

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# APPROVAL

This report is submitted to the Faculty of Engineering Technology of UTeM as a partial fulfillment for Degree of Bachelor of Engineering Technology (Product Design) (Hons.). The member of the supervisory is as follow:

..... (Project Supervisor)



## ABSTRAK

Postur memandu dan tekanan tempat duduk adalah agak penting untuk meningkatkan keselesaan pemandu semasa memandu kereta. Teknik-teknik memperbaiki reka bentuk tempat duduk kereta dan dimensi kerusi kereta telah dikaji untuk mengekalkan keselesaan pemandu terutamanya bagi pemandu yang sentiasa memandu perjalanan yang jauh. Dalam kajian ini, dua jenis kereta tempatan Proton Saga dan Perodua Myvi telah digunakan untuk membandingkan tekanan tempat duduk bagi setiap individu semasa sesi memandu. Setiap responden menggunakan laluan yang sama semasa menjalankan sesi memandu. Tekanan objek di sepanjang perjalanan itu direkodkan menggunakan perisian CONFORMat Penyelidikan 7.60. Tambahan pula, tekanan objek berbanding antara enam kategori berat badan yang berbeza, taburan tekanan untuk tempat duduk kereta juga telah dibincangkan dalam kajian ini untuk menunjukkan kepentingan sama rata pemandu tekanan badan ke arah tempat duduk kereta. Akhir sekali, keputusan yang dianalisis akan dibincangkan pada akhir laporan ini, kekangan yang dihadapi dalam kajian ini telah direkod dan cadangan telah diberikan untuk penambahbaikan pengajian pada masa hadapan.

## ABSTRACT

The driving posture and seating pressure are relatively important to enhance a comfortable driving experience. Several techniques have been promoted to improve the car seat design and adjustment to reduce the risk of driving fatigue especially for driver who always conduct long distance driving. In this study, two types of national cars, Proton Saga and Perodua Myvi were selected to compare the seating pressure of each individual during the driving session. Twelve respondents conducted driving session with Tekscan CONFORMat (model 5330) setup in both national cars. The object pressure along the journey was recorded using CONFORMat Research 7.60 software. Furthermore, object pressure was compared among six different weight categories, pressure distribution for both car seat has also been discussed in this study to show the importance of evenly distributed of driver body pressure towards the car seat. Lastly, the analysed results were discussed at the end of this report, limitations faced in this study were recorded and suggestions have been given for future improvement.

## DEDICATION

This project dedicates to my parents, who gave me unconditional love since and raise me to become the person I am today. They always be there for me and give mental support allow me to achieve my goal without fear. Through their guidance and support I am confident with doing anything I put in my mind. Thank you for everything.



## ACKNOWLEDGEMEN

First and foremost, I would like to thank both my parents and elder sister for their eternal love and support throughout my life. Thank them for being my pillar of strength allows me to be courage and chase my dream without fear and doubt. I sincerely thank to my project advisor, Mohd Fa'iz Bin Wahid for his patience and guidance since the beginning of this project. Furthermore, I am grateful to have him as my project advisor as he guided from the draft idea until the stage that I am able to handle this project independently. Apart from that, I also thank my supervisor, Mohd Hidayat bin Ab Rahman for his precious advices when I faced difficulties from my project, without him I may not complete this project within the time frame given. To all the friends that volunteer as my respondent, I am grateful that they are willing to spend time for conducting driving session for my study. Last but not least, thanks to the laboratory assistant, Janatul Hafiz Bin Basir for being helpful when I need to borrow the CONFORMat (Model 5330) equipment from the laboratory.

# **TABLE OF CONTENTS**

DECLAR	RTION	i
APPROV	AL	ii
ABSTRA	AK	iii
ABSTRA	АСТ	iv
DEDICA	TION	v
ACKNO	WLEDGEMEN	vi
TABLE (	OF CONTENTS	vii
LIST OF	TABLES	х
LIST OF	FIGURES	xi
CHAPTE	ER 1	1
INTRO	DDUCTION	1
1.0	Background	1
1.1	Problem Statement	2
1.2	Objectives	3
1.3	Title	3
1.4	Scope	3
1.5	Expected Result	4
CHAPTE	ER 2	5
LITER	ATURE REVIEW	5
2.0	Introduction	5
2.1	Musculoskeletal Disorders (MSDs)	5

2.1	.1	Musculoskeletal Disorders (MSDs) for driving	7
2.2	Aut	omotive Car Seat	10
2.2	2.1	Car Seat Material	11
2.3	Prot	ton Saga	14
2.3	5.1	Car seat for Proton Saga	14
2.4	Pero	odua Myvi	15
2.4	l.1	Car seat for Perodua Myvi	16
2.5	Vib	ration	17
2.6	Isch	ial Tuberosity	18
2.7	Tek	scan	21
3.2	2.1	CONFORMat (Model 5330)	23
2.8	Rec	ent studies	25
2.8	8.1	Car seat angle and seat position	27
2.8	8.2	Pressure distribution on car seat	33
2.8	8.3	Body pressure distribution evaluation method	37
CHAPTER	R 3		41
METHO	ODO	LOGY	41
3.0	Intr	oduction	41
3.1	Plar	nning of study	42
3.1	.1	Gantt Chart for FYP 1	43
3.1	.2	Gantt Chart for FYP 2	44
3.2	Res	earch methodology	45
3.2	2.1	Parameter Identification	46
3.2	2.2	Experiment setup	51
3.2	2.3	Experiment Execution	52

3.2	2.4 Data Collection	53
3.2	2.5 Results	53
3.2	2.6 Comparison	53
CHAPTE	R 4	54
RESUI	TS AND DISCUSSION	54
4.0	Introduction	54
4.1	Results Analysis	55
4.2	Discussion	61
СНАРТЕ	R 5	63
CONC	LUSION AND RECOMMENDATIONS	63
5.0	Introduction	63
5.1	Conclusion	63
5.2	Recommendations	65
REFERE	NCES	66
APPEND	IX I	

APPENDIX II

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# LIST OF TABLES

Table 2.1: The different model according to generation for Proton Saga.	14
Table 2.2: Overall dimensions for CONFORMat (model 5330).	23
Table 2.3: Subjects' data for three different context.	26
Table 2.4: Schematic diagrams, descriptions, and codes of the studied seating condition	tions.
	29
Table 2.5: Different loading condition for simulation.	35
Table 4.1 : The range of weight for both gender.	54
Table 4. 2 : Object Pressure from twelve respondents for both national car Proton	Saga
and Perodua Myvi.	55
Table 4. 3 : Back pressure for both national cars.	58
Table 4. 4 : Seat pressure for both national cars.	59
Table 4. 5 : Difference of object pressure exert on back and seat for both national ca	rs.60

# **LIST OF FIGURES**

Figure 2.1: Radial/Ulnar deviation, flexion and extension.	6
Figure 2.2: Elbow flexion and extension.	6
Figure 2.3: Shoulder flexion, extension, abduction, and abduction & extension.	6
Figure 2.4: Back flexion and extension, twisting about waist, and lateral bending.	7
Figure 2.5: Raise car seat as high as possible at comfortable level to have better visio	on of
the road.	8
Figure 2.6: Move car seat forward until driver's feet can fully depress three pedals	such
as clutch, accelerator and decelerator.	8
Figure 2.7: Adjust car seat pan angle to ensure driver's thighs can fully supported b	y the
car cushion.	8
Figure 2.8: Adjust the backrest angle to ensure it support along the driver's back	and
contact up to shoulder height.	9
Figure 2.9: Adjust the lumbar support of car seat to give full support towards dri	ver's
lumbar.	9
Figure 2.10: Adjust the steering wheel rearwards and downwards to allow driver reac	h out
for steering wheel more easily.	9
Figure 2.11: Adjust head rest to give good support for driver's neck and reduce neck in	njury
during car accident.	10
Figure 2.12: Nylon car seat material[10].	11
Figure 2.13: Polyester car seat material [11].	12
Figure 2.14: Vinyl car seat material [12].	12
Figure 2.15: Faux leather car seat material[13].	12
Figure 2.16: Leather car seat material [14].	13
Figure 2.17: Standard car seat before (left) and after (right) facelift for second gener	ation
Standard Proton Saga.	14
Figure 2.18: The first Perodua Myvi launched in year 2005.	15

Figure 2.19: Both of these model are first generation Perodua Myvi. The model on	right
is the new appearance after first facelift in year 2008.	15
Figure 2.20: Both of these model are second generation Perodua Myvi. The model on	right
is the new appearance after second facelift in year 2015.	16
Figure 2.21: Fabric car seat of first generation (left) and second generation (right) Per	odua
Myvi.	16
Figure 2.22: These are 4 different types of vibration pattern experienced by driver w	vhile
driving in a vehicle [17].	17
Figure 2.23: The figure of human pelvis shows the exact location of ischial tuberosit	y.18
Figure 2.24: the difference between male and female ischial tuberosity.	19
Figure 2.25: The actual car seat condition for new sitting concept, WO-BPS.	19
Figure 2.26: The image presented by XSensor® pressure shows the normal sitting po	sture
(left) and new sitting concept, WO-BPS (right).	20
Figure 2.27: BPMS devices for seat (left) and mattress (right) configuration.	21
Figure 2.28: CONFORMat is act as pressure distribution detector when human is in si	itting
position.	21
Figure 2.29: An example of real-time and graphical analysis of CONFORMat. The re	gion
with red is detected with high pressure.	22
Figure 2.30: CONFORMat (model 5330).	23
Figure 2.31: The CONFORMat setup in an automobile car seat. It is model CER2 w	hich
consists of two sets of sensor.	24
Figure 2.32: Results were obtained at every 10 minutes interval for three different con	ntext
and V0, V1, and V2 are three different ascending order vibration magnitude.	26
Figure 2.33: Effect of backrest angle on the VDVs measured on the seat and at the bac	krest
in the x-, y-, and z-directions and on the total and overall VDVs. (Seating condit	ions:
B90NHV, B110HV, B120HV.)	30
Figure 2.34: Driving simulator view.	31
Figure 2.35: The standard condition for seat, pedals and steering wheel.	31
Figure 2.36: The elevated condition for seat, pedals and steering wheel (Shorter seat	base
and higher seat position).	32
Figure 2.37: Mean discomfort rating after 60 minutes.	32

Figure 2.29. Many right guld diagonal fast acting
Figure 2.38: Mean right ankle discomfort rating.    33      5:    2.20      5:    1.1      6:    1.1      6:    1.1      7:    1.1
Figure 2.39: Finite element model of the buttock-thigh model and the cushion.    34
Figure 2.40: Maximum contact pressure at the three different locations of the three
cushions at the frequencies of 20 Hz. (a) Elastic 15000; (b) Elastic 20000 and SAF 6060.
35
Figure 2.41: Von Mises stresses distribution within the human body and cushion at the
frequency of 20 Hz. (a) Eastic 15000; 9b0 Elastic 20000 and (c) SAF 6060. 36
Figure 2.42: Tekscan pressure mat is placed on the car seat pan. (1024 single load sensitive
sensor are evenly distributed on measuring area of 470mm x 470mm). 38
Figure 2.43: Visual mapping from Tekscan software for three different cushion angle. 38
Figure 2.44: Pressure in the disc based on three different seat setting.39
Figure 2.45: Four quadrant for Tekscan CONFORMAT visual grid (Left hip, left thigh,
right hip, and right thigh) 40
Figure 3.1: Flow chart of planning of study for finaly year project phase 1 and phase 2.
42
Figure 3.2: Flow chart of conduct experiment for study.45
Figure 3.3: Total distance will be travel be each respondent according to Google Maps
result. 46
Figure 3.4: T-junction of Jalan Autocity-tkb before enter SPA highway. Driver has to turn
right after traffic light and stop and the starting point. 47
Figure 3.5: The driver view from the T-junction from Jalan Autocity-tkb. Driver will has
to turn right to enter SPA highway. 47
Figure 3.6: The rest point of every respondent before experiment starts. (Roadside of SPA
highway). 48
Figure 3.7: Measure body weight of every respondent using electric weighing scale in
laboratory. 49
Figure 3.8: The value shows in the digital screen of electric weighing scale will be record
for force calibration of the CONFORMat system. 49
Figure 3.9: Insert weight of respondent into "Applied Force" column then press "Start" for
calibration. 50

Figure 3.10: Calibrate pressure column in the the CONFORMat Research 7.60 software.	
51	
Figure 3.11: Real-time display for CONFORMat. The red colour region signify high	
pressure according to the value insert at the "calibrated pressure" column. 51	
Figure 4. 1 : Object Pressure from twelve respondents for both national car Proton Saga	
and Perodua Myvi. 56	
Figure 4. 2 : The graph of back pressure for both national cars.58	
Figure 4. 3 : The graph of seat pressure for both national cars.59	
Figure 4. 4 : The graph of difference of object pressure exert on seat and back for both	
national cars. 60	
Figure 4. 5 : Graph of Back Top sensor mat object pressure versus time for Subject 1 when	
driving Perodua Myv 61	
Figure 4. 6 : Graph of Seat Front sensor mat object pressure versus time for Subject 9	
when driving Proton Saga.62	

## **CHAPTER 1**

## INTRODUCTION

## 1.0 Background

Automobile car seat, a seat that provides good support to driver and passengers in a vehicle throughout the travel journey. It is designed commonly based on human anthropometric data from different body parts in order to accommodate big variability body shapes and size of human. Moreover, fabric and leather are usually used as automobile car seat material as both of these material enhance the aesthetic properties and comfort level of the car seat. Before car seat undergo mass production, the automobile car seat has gone through several development processes such as designing, prototyping and testing. All these useful development process are important to increase and improve the quality of automobile car seat which benefit driver during driving or travel for a long distance journey. Recently, the comfort level of automobile car seat has become one of the main concern of consumers when they are selecting a suitable future car. Discomfort may develop at different body parts of driver after driving for a long period of time if the car seat did not provides good support to driver.

In this project, two different types of car seat design of national car, Proton Saga and Perodua Myvi were compared in terms of driver seating pressure (object pressure) develop throughout the travel journey. The pressure development on back and buttock of driver after a long journey is relatively important to study the comfort level of car seat because a good car seat is able to evenly distribute driver's body pressure at the same time reduce the risk of fatigue and ulcer development on driver's body. Furthermore, vibration acted on driver caused by uneven road condition may also cause fatigue and discomfort to the driver. Apart from that, most of the driver will experience two common symptom after conducted a long distance drive which are Musculoskeletal Disorder (MSD) and numbness on Ischial Tuberosities (IT).

The seat contour of both types of national car were compared using data collected from CONFORMat Research 7.60 software. The collected data is viewed in numerical data using Microsoft Excel and visualize using 3-D graphical method using the software. In conclusion, collected data was compared based on range of weight and types of car seat from different type national cars.

### 1.1 **Problem Statement**

Automobile car seat comfort level has become the main concern of consumers when selecting their future car, body pressure distribution on a car seat is the key point to determine car seat comfort. The car seat of national car Proton Saga and Perodua Myvi have significantly difference in terms of shape, surface contour and dimension, all these properties may affect comfort level of car seat. Moreover, different weight may exert different amount of pressure towards the car seat. To the author knowledge, currently has no related study on car seating pressure for national car Proton Saga and Perodua Myvi in Malaysia. To date, Tekscan CONFORMat system has not been adopted as a method to measure and analyse car seat pressure for national car Proton Saga and Perodua Myvi.

### 1.2 **Objectives**

The main objectives of this project are:-

- Conduct a study to determine the seating pressure for two national cars Proton Saga and Perodua Myvi by using Tekscan CONFORMat system.
- Analyse pressure distribution from different categories of respondent based driver's weight and type of car seat for both national cars.

#### 1.3 Title

The study of seating pressure on car seat between national cars (Proton Saga and Perodua Myvi).

#### 1.4 Scope

The scope of this project is focus on car seat of national cars (Proton Saga and Perodua Myvi). Both of the national cars shared the same features in terms of car seat material (fabric material), type of car transmission (automatic) and car features specification (standard). The body pressure distribution measuring system used in this project is known as Tekscan CONFORMat system. The model of device used for this system is known as Model 5330 (CER2) and a laptop with installed CONFORMat Research 7.60 software. In addition, the Model 5330 (CER2) consists only two separate sensor mat (seat front and back top) to apply on the car seat. Furthermore, only six males and six females were participated in this experiment. CONFORMat Research 7.60 software was used for visualization the changes of body pressure distribution during experiment and collect data throughout the whole journey. All respondents traveled through the same route which is from SPA highway to Tangkak Toll. Each participant completed the journey by maintaining driving speed at the range of 80 to 100 km/h. All



drivers were required to stay only on the left lane except for over taking vehicle driving less than 80 km/h. The toll's lane for each driver is fixed for every trip. The distance from SPA highway to Plaza Toll Tangkak inbound was estimated 36.6km based on results shows in Google maps in Figure 3.3. Weather was considered for every trip, experiment was terminated on rainy day. In this case study, drivers were required to maintain relax and comfortable driving posture throughout the whole journey.

### 1.5 Expected Result

The result expectation for the project:

- Object pressure based on driver's weight and type of car seat for both national cars.
- > Comparison results of the comfortability of car seat for both national cars.

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## **CHAPTER 2**

## LITERATURE REVIEW

#### 2.0 Introduction

This chapter is a compilation of several literature reviews from books, journal articles, and websites. These literature reviews helped to understand and improve this study further by exposed useful information regarding to this study. A few terms used in this study has been reviewed such as Musculoskeletal disorders (MSDs), type of car seat, Proton Saga and Perodua Myvi, Vibration, Ischial Tuberosity (IT) and Body Pressure Measurement System (BPMS) by Tekscan. Besides that, recent study of driving posture and sitting pressure on automotive seat also has been included at the end of this chapter.

#### 2.1 Musculoskeletal Disorders (MSDs)

Musculoskeletal disorders (MSDs) are conditions that affect musculoskeletal system. The human musculoskeletal system includes bones, muscles, tendons, ligaments, bursa, nerve and blood vessel. All these body elements are important to human as they help to carry out human daily activities especially maintaining individual body posture and help in engaging body movement. MSDs usually happened to individual who engage repetitive work, maintaining the same posture for a long period of time. Apart from that, individual

who handle heavy material or using incorrect posture (awkward posture) may also cause musculoskeletal fatigue, pain and ulceration[1]. Figure 2.1-2.4 below show the difference between neutral posture and awkward posture [2].

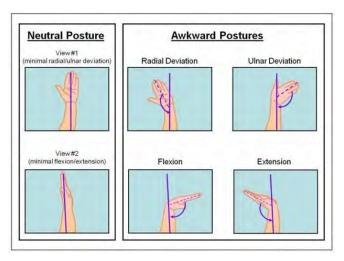


Figure 2.1: Radial/Ulnar deviation, flexion and extension.

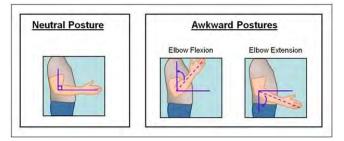


Figure 2.2: Elbow flexion and extension.

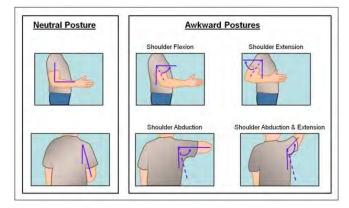


Figure 2.3: Shoulder flexion, extension, abduction, and abduction & extension.

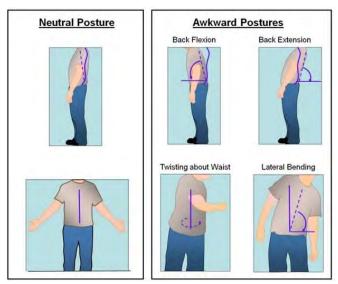


Figure 2.4: Back flexion and extension, twisting about waist, and lateral bending. From the figures above, it is clear that MSDs can be avoided by practicing neutral posture. Neutral posture can be achieved by positioning body muscle in resting position and body

#### 2.1.1 Musculoskeletal Disorders (MSDs) for driving

joints must be naturally aligned without deviating from it neutral position.

MSDs may also appear in individual who used incorrect driving posture during driving long distance driving. Vehicle has limited space for individual to move around, driving forces driver to sit in constrained position. There are several studies by Walsh 1989, Porter and Gyi 2002, Chen 2005 and Sakakibara 2006 states at living in a city driver who faced traffic congestion almost daily, placing commuter drivers with high annual mileage driven at increased risk of developing musculoskeletal disorders [3]–[6]. To prevent this common disorder faced by drivers, standard driving posture can be practice by adjusting the car seat to optimal angle or height for driver to reduce the risk of MSDs. Figures 2.5-2.11 shows few cars seat adjustment guide for driver [7].



Figure 2.5: Raise car seat as high as possible at comfortable level to have better vision of the road.



Figure 2.6: Move car seat forward until driver's feet can fully depress three pedals such as clutch, accelerator and decelerator.



Figure 2.7: Adjust car seat pan angle to ensure driver's thighs can fully supported by the car cushion.

